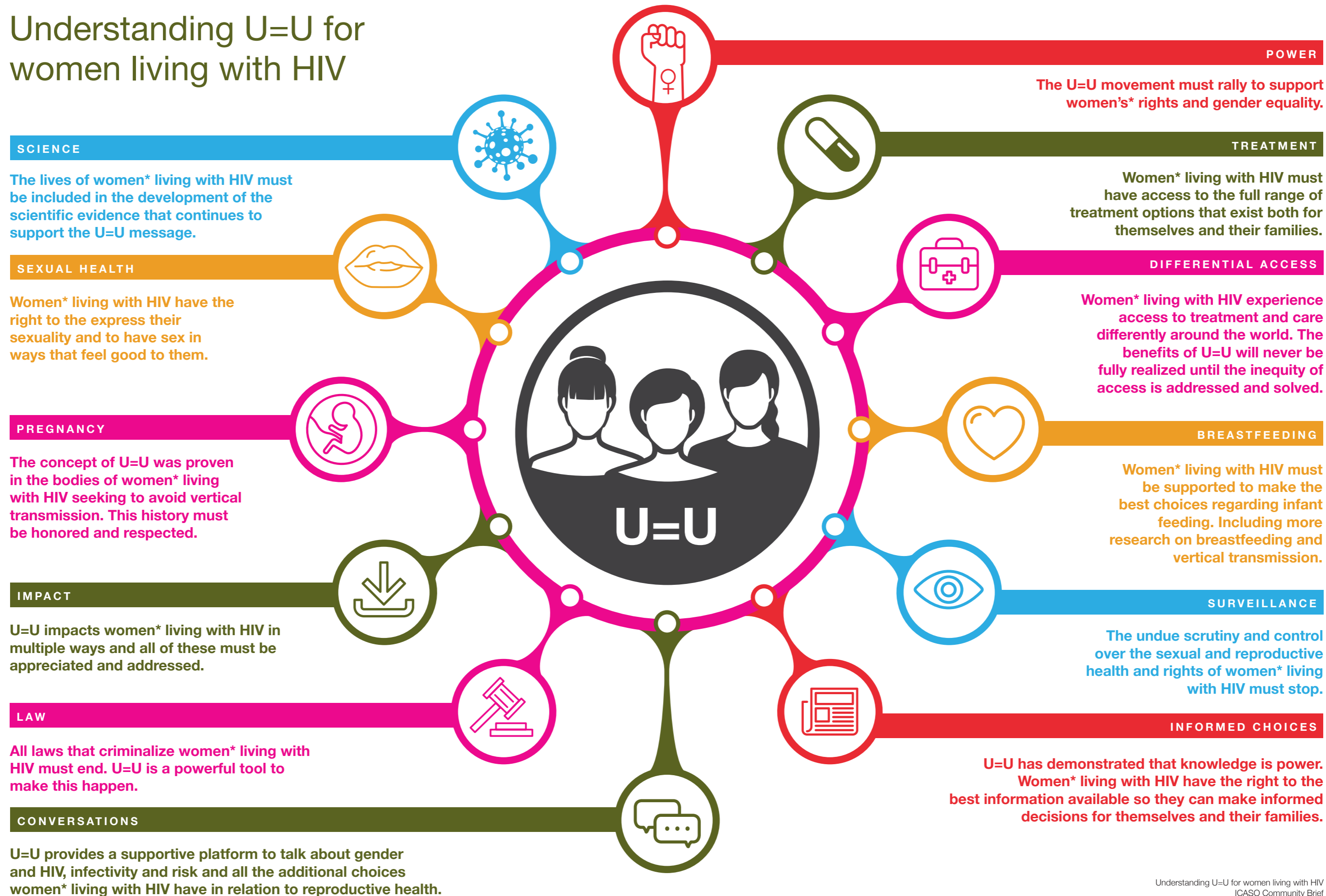


Understanding U=U for women living with HIV



POWER

The U=U movement must rally to support women's* rights and gender equality.

SCIENCE

The lives of women* living with HIV must be included in the development of the scientific evidence that continues to support the U=U message.

TREATMENT

Women* living with HIV must have access to the full range of treatment options that exist both for themselves and their families.

SEXUAL HEALTH

Women* living with HIV have the right to express their sexuality and to have sex in ways that feel good to them.

DIFFERENTIAL ACCESS

Women* living with HIV experience access to treatment and care differently around the world. The benefits of U=U will never be fully realized until the inequity of access is addressed and solved.

PREGNANCY

The concept of U=U was proven in the bodies of women* living with HIV seeking to avoid vertical transmission. This history must be honored and respected.

BREASTFEEDING

Women* living with HIV must be supported to make the best choices regarding infant feeding. Including more research on breastfeeding and vertical transmission.

IMPACT

U=U impacts women* living with HIV in multiple ways and all of these must be appreciated and addressed.

SURVEILLANCE

The undue scrutiny and control over the sexual and reproductive health and rights of women* living with HIV must stop.

LAW

All laws that criminalize women* living with HIV must end. U=U is a powerful tool to make this happen.

INFORMED CHOICES

U=U has demonstrated that knowledge is power. Women* living with HIV have the right to the best information available so they can make informed decisions for themselves and their families.

CONVERSATIONS

U=U provides a supportive platform to talk about gender and HIV, infectivity and risk and all the additional choices women* living with HIV have in relation to reproductive health.